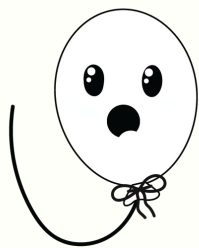
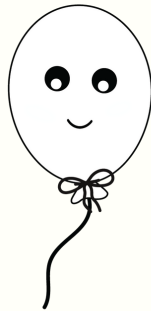


How Do You Feel?

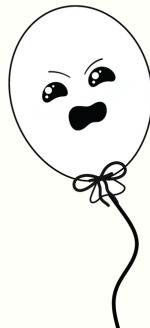
Color Dex to reflect his feelings.



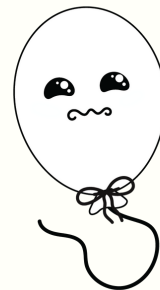
scared



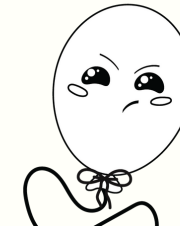
happy



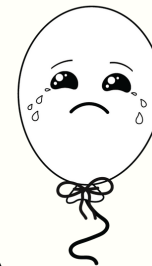
angry



excited



jealous



sad



loved



disappointed

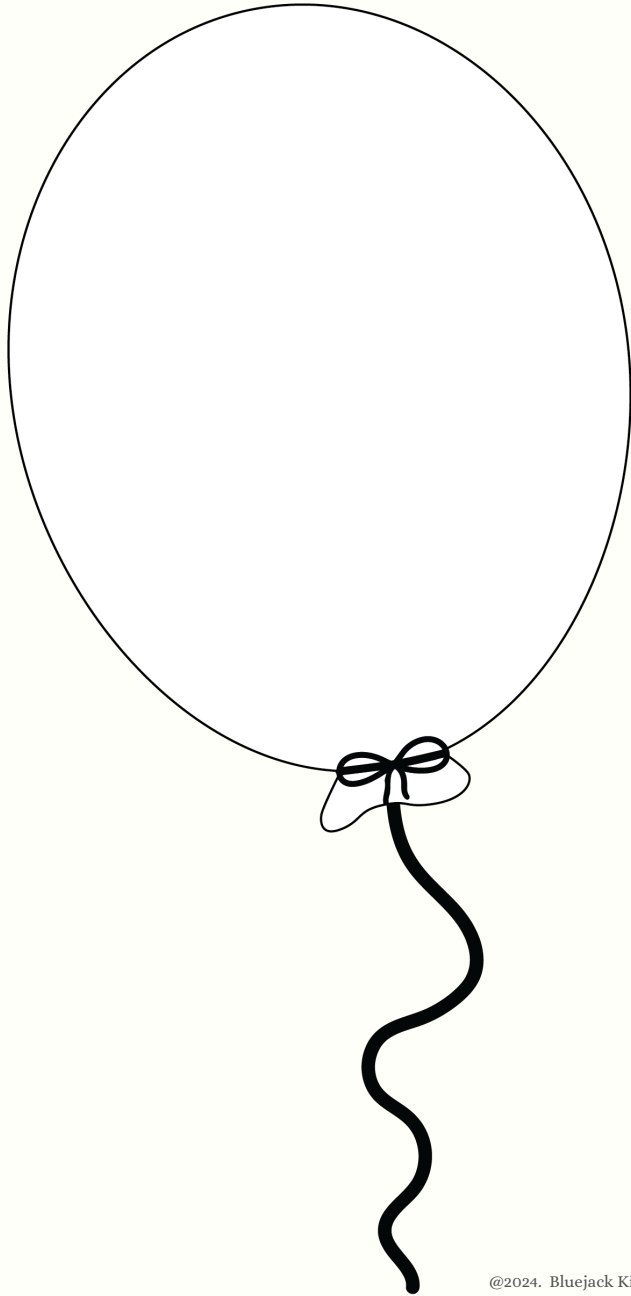
frustrated



surprised



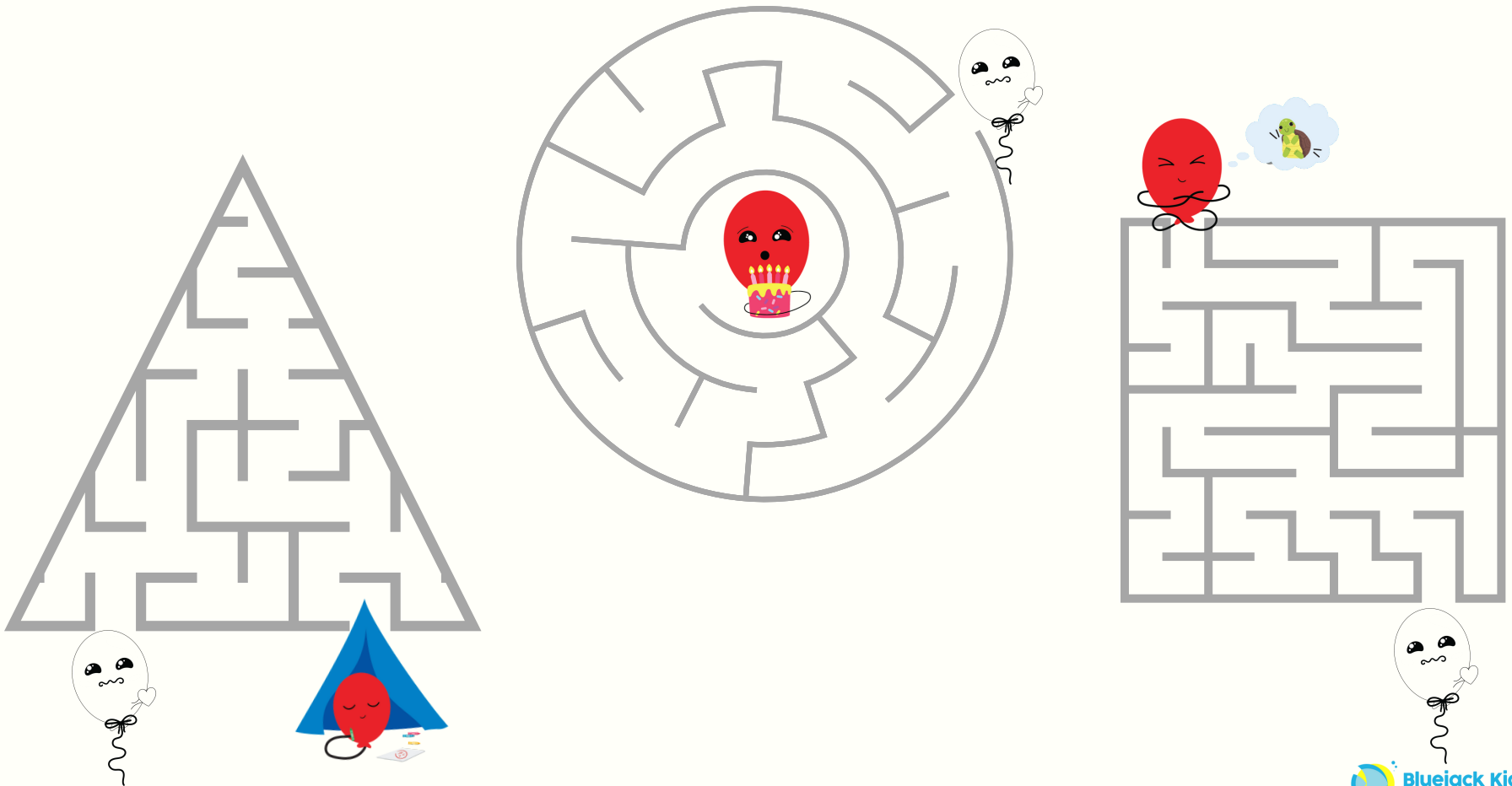
How Do You Feel?



**Add facial expressions to the balloon.
Draw a coping strategy in the box below.**

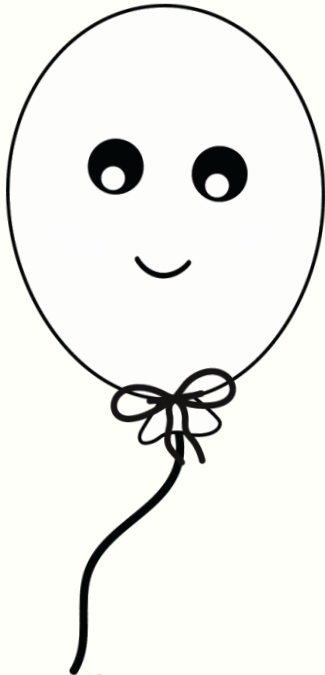
Help Dex Reach his Coping Strategies!

Dex is feeling BIG emotions in his body. Color Dex and help him reach his coping skills.



Feelings Coloring Pages

Color and cut along the dotted lines to make a feelings booklet.

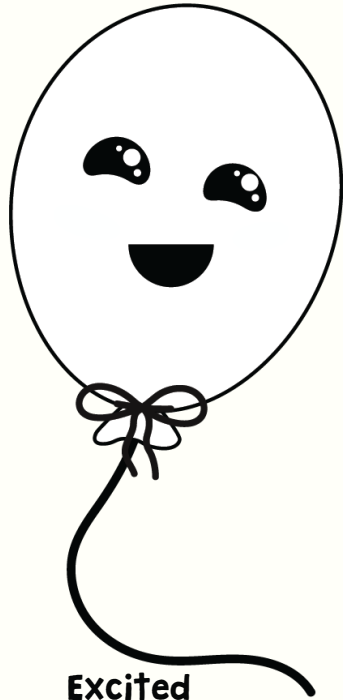


Happy

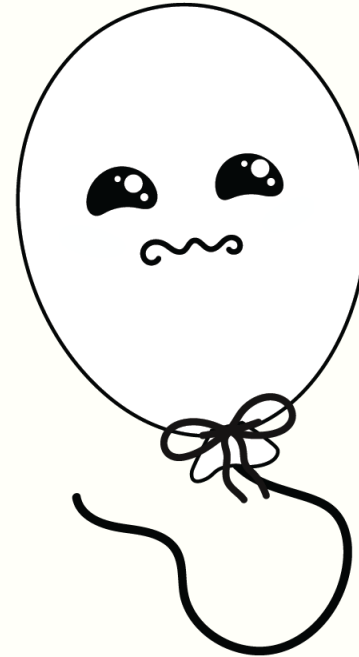


Sad



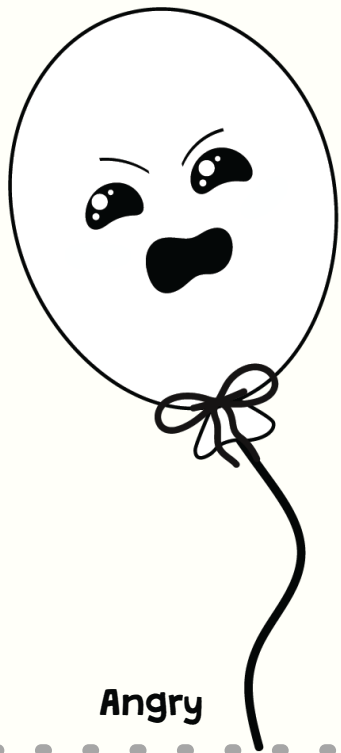


Excited

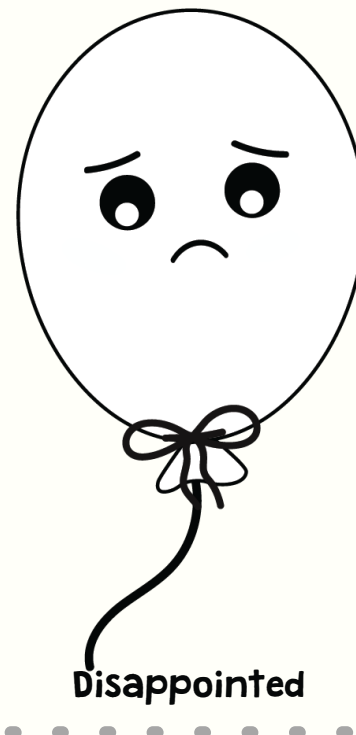


Frustrated



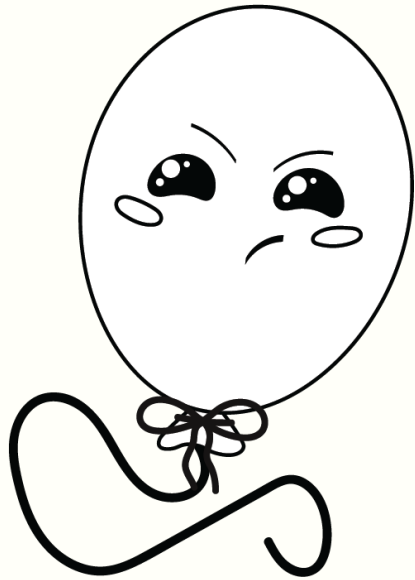


Angry

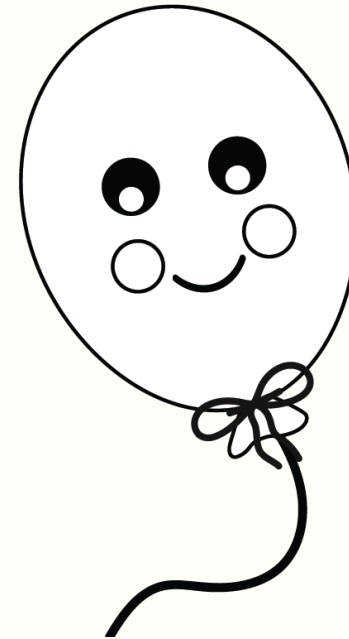


Disappointed



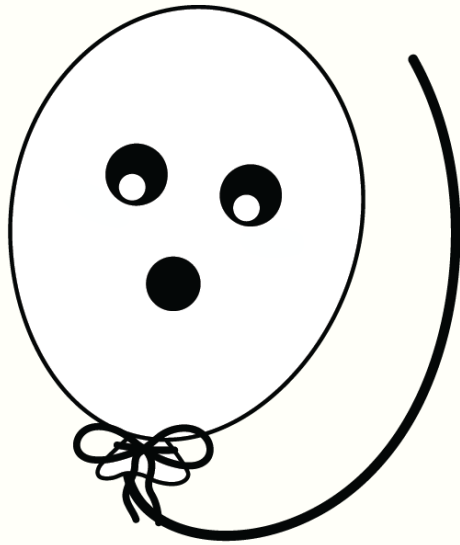


Jealous

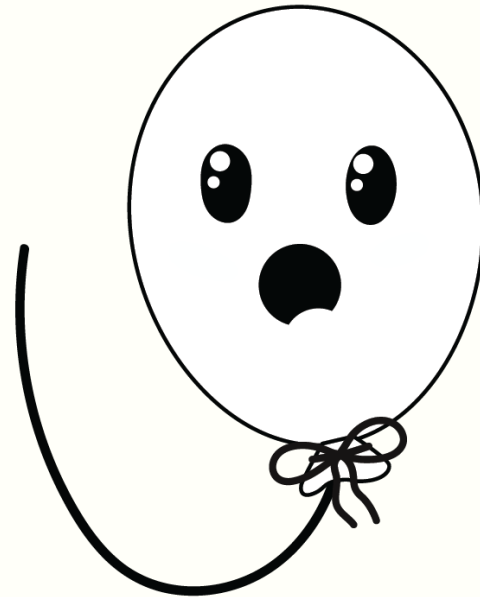


Loved





Surprised



Scared







